



With insurance it is important to be your own advocate and ensure that you are getting the right benefits when coming to therapy. For that reason, it is important to make sure you do not have an HSA, FSA, EAP or other a debit cards issued to you for copayments. In addition, it is important that you are aware of your own copay and deductible and that you keep track of what is left on your deductible if you have one. You may also want to call your insurance company prior to starting treatment and if you have any questions during treatment, or if there are any changes in benefits.

We make an effort to assist you in this, but it is your responsibility to be aware of changes to insurance and to communicate them with us. If at any time we become aware of back payment or incorrect payment, we will either reimburse you or you will be contacted promptly to take care of the balance.

We are often not aware of these issues until billing has gone through insurance and the EOB's clear, so again this is why it is imperative that you advocate for yourself and are aware of your own benefits.

I have read and understand the following statement.

Client Name and Date

Witness

Therapist Name and Date